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too & discuss all things netball!

Issue
Sixteen

Kent Netball Newsletter: March 2014

Kent netball



Dates for the Diary

Monday 7th April

Kent Netball Association Awards Closing Date
Ashford 4 Teen Launch

Friday 18th April

Folkestone Netball Rally at Three Hills

Sunday 27th April

35th Anniversary for Canterbury Netball
League

Wednesday 7th May

Further Education Tournament at North West
Kent College

Saturday 17th & Sunday 18th May

U14 & U17 Kent Academy Trials

Sunday 15th June

Regional Tournament

Friday 20th June

Regional Golden Globes

Wednesday 25th June

Kent School Games, Canterbury

Wednesday 2nd July

Emerging School Tournament, Rainham

Sunday 6th July

Back to Netball Festival, Rainham

HOT SHOTS!

Kent Netball presented **U12's Hot Shot** days across the county during February half term. The one day academies were a huge success and involved over 70 year five and six girls in Kent.

The location of the day was pin pointed to make it accessible to everyone within the county. Running locations in Dartford, Tonbridge and Folkestone allowed participants attend a day convenient for them. Each camp was run by leading coaches from the Kent Netball Academy programme with the aim of progressing girls into local clubs and the academy programmes.

The days consisted of developing attacking and defending principles combined with other elements of the game such as player roles and responsibilities. This gave the participants an over view of the game of netball and also an insight to different positions. I spoke to some of the girls who joined us on the Folkestone day, "it was great fun, playing with friends, meeting new players and learning more about netball"

I would like to take this opportunity to everyone who made these days a success!! There will be more to come in the upcoming half terms so please keep your eyes peeled for the information.

Kent Netball Academies Triumph at Regional Festival!

On Sunday 30th March each county in the L&SE region came together to battle it out for the trophy. With the U14 and O14 age groups it was all to play for. It was a great day and I am pleased to tell you **the Kent Netball Academies won the U14 & U17 trophy!** Congratulations to all the players and coaches involved in the day!!

Kent win the U17 and U14 @LondonSENetball tournament today! Congrats! And well done to all the Kent girls, you played so well #veryproud



U12 & U13 Kent School Tournaments

The Kent Netball Association ran another year of their county U12 and U13 school tournaments, open to all schools across Kent and South East London.

The winners and runners up of the tournaments were:

U13 Sevenoaks / Highworth

U12 Tonbridge/ Colfes

The U13 were very lucky with the weather and it turned out to be a close final between Sevenoaks and Highworth. But as Sevenoaks school were undefeated all day they were in good stead for the final and after Highworth playing there socks off, Sevenoaks school came out on top.

The U12 Tournament was not so lucky with the weather. Despite the rain in the afternoon both Colfes and Tonbridge were looking like the teams to beat, so it meant that the table was very tight. With Tonbridge eventually coming out on top they took home the trophy.

Thank you to all the schools for taking part and playing with such enthusiasm!!



The **Emerging Schools** tournament will be held on Wednesday 25th June at Rainham School for Girls.

Dawn Cox will no longer be administrating the tournaments although she will be still working for Kent Netball, Kathy Moon is the new School administrator so please look out for her emails!

Congratulations to Tunbridge Wells U16 squad at the National Schools for and excellent 4th place finish!



Congratulations to Telstars who came 2nd in the U14 regional tournament!

County League Action

A few weeks ago we saw the Kent County League come to an end. **Eclipse Netball Club** were crowned county champions and they will progress to the regional play offs in May! Eclipse won nine out of their ten games with **Comets Netball Club** closely behind, winning seven. We saw a mirror response in league two where **KCNC** won the league and **Sabina Netball Club** came a close second!

Congratulations to all teams who have taken part this season!

The County Junior League also came to an end and huge congratulations to **Telstars Netball Club** who won the U14's, U16's & U19's leagues. The U14 & U16 league gives young potential athletes to experience their first level of competitions of the performance structure. The U14 runners up were **Comets Netball Club** with a close third going to **KCNC**. The U16 runners up go to **Wealden Netball Club** with again a close third being **KCNC**.

Congratulations to KCNC (1st), Telstars (2nd) and Wealden (3rd) who take the top three places in the U16 London and SE Regional League 2013. Great to see that Kent Netball Clubs are smashing the London & South East League!

Golden Globe Awards are now open! Visit www.kentnetball.co.uk for more detail! #volunteering

#mynetballresolution

England Netball encouraged hundreds of women to make Back to Netball their resolution for 2014. It was time for those ladies who had not played in years to see what all the fuss was about. Kent launched four Back to Netball programmes across the county and had record numbers of participants meaning that women were enjoying being back on the court. The BRAND NEW sessions are:

Sandwich Leisure Centre (CT13 0BU) – Every Tuesday 6-7pm

Deptford Green School (SE14 6AN) – Every Tuesday 5-6pm

Dartford Technology College (DA1 2LY) – Every Monday 5-6pm finishing on 14th April

North West Kent College, Dartford (DA1 2JT) – Every Wednesday 6.00-7.00pm starting 30th April

Crook Log Leisure Centre, Bexleyheath (DA7 4HH) – Every Monday 1.30-2.30pm starting on 28th April

West Kingsdown School, Sevenoaks (TN15 6JP) – Every Monday 7.00-8.00pm starting 19th May

I would like to say a HUGE thank you to everyone who has worked hard to get these sessions up and running and to all the ladies who have attended. For more information on these sessions please visit the Kent Netball website (www.kentnetball.co.uk) or contact Sally Tibbitts – sally.tibbitts@englandnetball.co.uk

Sandwich Leisure Centre #backtonetball

Sandwich leisure centre has re-launched it's back to netball programme and has taken the Dover district by storm. With Sandwich leisure having re-built their netball courts the ladies now have excellent facilities. I spoke to some of the ladies who have been participants and they told me "Coming back to netball has been a fantastic experience. I am keeping fit, making new friends and enjoying being part of a team".



netball
pay & train & play
ASHFORD

Are you in Years 9, 10 or 11?

Do you enjoy playing netball?

Would you like to play in the Ashford League?

Then this is for you!!

Contact Dawn for more details

dawncox@sky.com

- Netball sessions for girls aged between 14-16 years
- Any standard welcome
- Qualified Coaches
- 8 Mondays – 7th, 14th, 28th April, 12th & 19th May, 2nd, 16th, 23rd June 2014
- 7:15pm-9:00pm at Courtside, Stanhope Road, Ashford, TN23 5RN
- £12 for 8 sessions

CAPTIVATE YOUR CLUB

Congratulations to **Canterbury Academy** who achieved their Bronze CAPS award this month and to **Comets** who successfully completed their 4 year re-accredited Silver award.

CAPS is England Netball's clubmark scheme. The aim of CAPS is to help clubs provide a safe and quality environment for young players, and to support the club's development and achieve their full potential. If your club has junior players and you would like to achieve the award then you can register for FREE on the Club page of www.englandnetball.co.uk

Sportivate



Commonwealth Draw Finalised

The draw for the group stages of the 2014 Commonwealth Games have taken place and England have been placed in Pool B alongside some of their greatest rivals. The other 'top four' nation in the pool is the Australia Diamonds while South Africa will also resume battle with Anna Mayes' team.

Another much anticipated clash will be a derby match-up against Wales. Completing the group are the dangerous Caribbean pair of Barbados and Trinidad & Tobago.

The complete draw for the pool stages of the 2014 Commonwealth Games is as follows;

Pool A: New Zealand (1), Jamaica (4), Malawi (5), Northern Ireland (11), St. Lucia (12), Scotland (13)

Pool B: Australia (2), England (3), South Africa (6), Wales (8), Trinidad & Tobago (9), Barbados (10)

*World ranking in brackets and accurate as of July 1st 2014

The fixtures for England are as follows:



Friday 25th July
England vs Wales (AM)



Saturday 26th July
England vs Australia (AM)



Sunday 27th July
England vs South Africa (PM)



Tuesday 29th July
England vs Trinidad & Tobago (AM)



Wednesday 30th July
England vs Barbados (PM)



Thursday 31st & Friday 1st will see the classifications being played with the semi-finals and the finals over the weekend (2nd & 3rd August 2014).

England Win in Worcester

A remarkable 16th consecutive Netball Europe U17 title was secured by England's youngsters at Worcester University Arena on Sunday afternoon following three days of fierce competition.

The host nation was firm favourites heading into the tournament and they delivered a trio of resounding victories to once again engrave their name on the trophy. It was a real battle at times as the teams from Northern Ireland, Scotland and Wales attempted to dethrone their illustrious opponents.

However, in the end the quality displayed from the England girls saw them run out deserved winners. Wales finished the competition as runners-up with Scotland in third and Northern Ireland in fourth



England Netball shortlisted for prestigious Governing Body of the Year

England Netball is delighted to announce that it has been shortlisted in the Governing Body of the Year category at the 2014 BT Sport Industry Awards.

This is the second time in three years that England Netball has been nominated for the award and reflects the continued success of the sport. Throughout the last year initiatives such as Netball Now and Make the Game have continued to increase support in the sport alongside the very successful Back to Netball.

A star-studded ceremony in London will await the nominees on Thursday 8th May when the winners will be announced. The shortlist was based upon delivery across four key pillars of governance - Performance, Leadership, Community and Ethics. England Netball is shortlisted along with five others for the Daily Telegraph sponsored award.

The full list of nominees for Governing Body of the Year are as follows;

The FA, ECB, RFL, British Cycling, British Athletics & **ENGLAND NETBALL**

STORM Triumph at Netball London Live

Storm added another win to their repertoire in the most anticipated game of netball this season at the first ever Netball London Live, beating rivals Hertfordshire Mavericks 52-50 in front of a record breaking Copper Box Arena crowd.

All that was required was for the players to deliver on the big stage and they did not disappoint. A fine end to the opening quarter saw Storm move into a 16-12 lead and with England international shooter Rachel Dunn shooting at 90% in the first half, they pulled clear at 30-22 at the interval. As the third quarter came to a close it seemed that the hosts had put the game beyond doubt as Tamsin Greenway spotted Dunn with a long feed move Storm 43-33 clear. Mavericks had other ideas and flew out in the final quarter and with the increase tempo reduced the gap to five.

With just under eight minutes left on the clock, Greenway called a medical time-out and the table toppers took the chance to re-group. A flurry of converted turnovers saw the gap reduce to a single goal with 45 seconds remaining; crucially Storm had the centre-pass. A fine display of controlled possession allowed Katie Harris to net in the final moments and secure a famous 52-50 home win.

At the final whistle the crowd roared their approval and rose to their feet to applaud both teams from the court with Storm pausing to take an Oscars style team 'selfie'. The biggest stage in domestic netball had been set and the two sides smashed it out of the Olympic Park.



Kent Academy Success

Kent Netball Academy has had another hugely successful year. In the last couple of weeks we have seen athletes being successful in the national screening. A huge congratulation to the following successful athletes:

- Nicole Humphreys
- Laura Morton
- Imogen Spark (Potential)

Athletes that were selected into the National Academy will be invited to Easter and summer camps and final selections will take place during the summer camp.



As the season comes to a close I am sure you will join me in saying a HUGE thank you to all those academy coaches in Kent who work hard year on year to make the academies build on their success year on year!

Netball Satellite Clubs – Coming to YOU!

What are satellite clubs?

Satellite clubs are extensions, or outposts of community sports clubs which are established in a new venue, usually a secondary school or college and specifically target the 14-25 age group. Coaches and volunteers from or linked to a community sports club work in partnership with the satellite host venue to create a new community **satellite club**. Each club will have a direct link to one or more NGBs, depending on the clubs in its area. Satellite clubs may also be established in colleges, or other relevant education or community settings, depending on local need.

Netball Satellite Clubs in South East London!

RAIDERS

DIPPED MY TOE IN, now I'm HOOKED!

I was a bit wary, because I'd never really played. But I turned up, met a bunch of new people and I'm totally hooked.

Try something new. Netball!
www.englandnetball.co.uk/1821

Here's where and when we're on:
Raiders Satellite Netball Club
Venue: Christ the King, Lewisham, SE13 5GE
Time: TBC
Cost: £2.00 per session
Contact: Maureen 07950253607
All ages from 16-19 years girls welcome!

IN IT TO WIN IT!

I pretty much eat, drink, breathe netball. It's just a shame that sleep gets in the way really and Aneesah is the same. I'm getting masses better for sure and never guessed I would be so competitive. Winning is awesome.

Love what ya do, do what ya love
www.englandnetball.co.uk

Aneesah

SABINA

Sabina Satellite Netball Club
Venue: Bonus Pastor College, BR1 5PZ
Time: U14's 6.00-7.30pm U16's 7.30-9pm
Cost: £2.00 per session
Contact: Marlene 07903661447
All ages from 11-16 years girls welcome!

Kent Sport Connected

Together with partners, Kent Sport develops and coordinates a range of sport and physical activity opportunities. The aim is that everyone should become more active more often whilst also supporting those who wish to progress. The courses that are coming up in the county are:

Safeguarding

21st May, 6.30-9.30pm

Broadstairs Campus, Canterbury Christ Church University

1st July, 6.30-9.30pm

Sevonakes Leisure Centre

First Aid Awareness

9th July, 6.30-9.30pm

Cyclopark, Gravesend

24th September, 6.30-9.30pm

Dover Discovery Centre

For more information or to book contact info@kentsport.org

PROJECT 500

MORE WOMEN, BETTER COACHING

Project 500 is a new campaign to address the imbalance in the number of male to female coaches, creating a more diverse workforce to drive the growth of female participation in sport. It will see 500 female coaches recruited, developed and deployed across the seven South East counties by March 2015.

What does Project 500 mean in Kent?

- Subsidised Kent Sport Training Workshops
- Access to the Project 500 Coaching Bursary (conditions apply)
- Access to Women's coaching network events
- Project 500 e-news
- Meet Local and Regional Project 500 Ambassadors

If you are female, live in Kent and would like to be a coach or further develop your coaching:

[Like us on Facebook and sign up to Project 500](#)

Once registered, you will be contacted about opportunities happening in Kent. We look forward to supporting you!

Many national partners have pledged their support to this exciting new project including Sport England, the Women's Sport and Fitness Foundation and 7 Governing Bodies of Sport; Cricket, Exercise, Movement and Dance, Football, Handball, Netball, Rugby and Table Tennis.

If you have any news or stories you would like featured in the next edition of this newsletter then please let us know.

Or if there are any topics you would like covered then do get in touch, we'd love to hear from you.



www.kentnetball.co.uk



@Kentnetball

Sally.tibbitts@englandnetball.co.uk

07854089830



KCSSA



On the 5th March four post 16 institutions came together at North West Kent College to battle it out for the Kent FE Cup. England Netball worked in partnership with Kent Colleges Student Sports Association (KCSSA) to deliver an afternoon of development fixtures. Two of the four colleges who attended the day are currently involved in a England Netball FE programme.

On the day there were three competitions for the participants to take part in and win prizes:

- **Best netball selfie**
Tweet to Kent Netball
- **Player of the cup**
Voted by the teams
- **Netball quiz**

The prizes were made up of shop vouchers for the winners of each category above. In addition each participant received a certificate. The winners of the cup challenge were North West Kent College with the runners up being Christ the King Sixth Form College.

The next tournament will take place on 7th May at N.W.K College, Dartford. If you are interested please contact Sally on sally.tibbitts@englandnetball.co.uk



North West Kent College - **Winners**

