

# KENT NETBALL

## SPOTLIGHT ON NETBALL



Kent Netball hosted a **Spotlight on Netball Event**, at The University of Kent on Sunday 3rd February. The day, designed to showcase the talents of Kent's top clubs, consisted of three England Netball Premier League matches at one venue on one day. Over 400 people came along to support KCNC, Wealden and AquilaTel take on opposition from across the country, and were treated to a day of fast, skilful and action packed netball.

KCNC were in impressive form and thrilled the crowd with a 42-28 win over Dextro Blades, which has moved them into second place in Premier League 1. Our Premier league 2 clubs – Wealden and Aquilatel – did not fare so well. Despite some great play from both teams, they lost out, Aquilatel 40-47 to Thoroughbreds, and Wealden 34-49 to Essex Open.



A full report and photos from the day will be on our website shortly. [www.kentnetball.co.uk](http://www.kentnetball.co.uk)

## HIGH 5 TRAINING

High Five Netball is a game for players aged 9 -11 years, and is a brilliant way for young players to hone their skills before taking on the full seven-a-side game. It is a fun, skilful game, and a great way to learn all the on-court positions and the physical and tactical skills required.



To help your School or School Sport Partnership introduce High 5, Kent Netball are offering all the resources you need to get started in one convenient package. This package includes a High 5 Workshop introducing the game, resources to help you deliver the game to pupils, and High 5 equipment to help your school start playing.

For further information, or to arrange a High 5 Workshop in your school contact Natalie Beckett on 07786 191562 or [natalie.beckett@kent.gov.uk](mailto:natalie.beckett@kent.gov.uk)

## SCHOOL COMPETITION

### County Schools Tournament

Every year Kent Netball hosts School tournaments that are open to all Kent affiliated schools.

The U19, U16 & U14 tournaments have already taken place at the Rainham Netball Centre. The results are as follows:

	Winners	Runners Up
U19	Benenden	Homewood
U16	Colfes	Simon Langton Girls
U14	Kings	Benenden

These schools went on to represent Kent at the London & South East Regional tournament, to compete for a place at the National Schools Finals.

Dates for the remaining two tournaments are:

- U13 tournament Tuesday 11<sup>th</sup> March
- U12 tournament Monday 3<sup>rd</sup> March.

Both will be held at Aylesford Rugby Club and the Rainham Netball Centre. For further information contact [sally@chennells53.freeserve.co.uk](mailto:sally@chennells53.freeserve.co.uk)

### L&SE Regional School Tournament

The tournament was held on 26th January at Rainham Girls School. The day saw a very high standard of netball and some very close results. In the U16 and U14 sections the Kent schools competed well but came across some tough opposition and finished in 7th & 8th, and 6th & 8th place respectively. In the U19 section Benenden played solid and consistent netball in what was a very strong group. Their teamwork and slick passing earned them 2nd place and a place in the National Finals!

### National Schools Championships

The England Netball National Schools Finals are held at a central venue, with the U14, U16 and U19 age groups staged simultaneously. This year's finals are being held on 15<sup>th</sup> March 2008 at the Sir David English Sports Centre and Bournemouth School for Girls.



Congratulations to Benenden School for reaching the U19 Finals and good luck!!



## WEBSITE

Kent Netball has a brand new website!! The site is populated with useful information for schools, clubs and players. You can find details of where to play, competition structures, course dates and information, and resources for club and player development. In addition you will find the latest news and events from around the county, contact details, and relevant links. Do take a look at the site and add it to your favourites!

We are continually updating and improving the site. If you have any comments, or news and events you would like publicised then please contact [netball@clarecox.com](mailto:netball@clarecox.com)

## KENT COUNTY JUNIOR NETBALL LEAGUE

The KCJNL continues to provide strong competition for the county's top clubs at U16 and U14 level. With 2 rounds to go there are several teams in contention to take the league titles. In the U16 age group Wealden are in top spot, having won all of their matches except one against second placed Sabina, who have had an excellent season so far. In the U14 age group there are 5 teams at the top of the table within 5 points of each other – CFX Jays, Telstars, Pilgrims, Hurricanes & KCNC. Although KCNC have a game in hand and will be looking to leapfrog up the table. The last two rounds of matches are on 17 February and 16 March and will be played at Rainham School for Girls from 10.00am until 3.00pm. Spectators are always welcome, and if you are under 16 and looking for a club to join, come along and meet the clubs.

## KENT COUNTY SENIOR NETBALL LEAGUE

The Kent County Senior League (KCSNL) was established this season and will provide the route into the L&SE Regional League. This inaugural season sees 4 clubs competing: Aquila; Comets; Crystal Palace & Daggers.

Fixtures take place in indoor venues across the county. The winning club will take part in the Regional Play-off, competing for a place in Division 2 of the Regional League in 2008/09. With only 2 fixtures remaining Aquila are sitting at the top of the table and looking tough to beat. Full fixtures and results can be found on the County Competition page of [www.kentnetball.co.uk](http://www.kentnetball.co.uk)

## TALENT DEVELOPMENT

### Kent County Academies

Trials were held in October for places in Kent Netball's Academy programme. 235 girls attended the trials. 25 girls were selected for the County Academy, whilst 53 girls were selected for the Satellite Academies.

## Academy Day



On 13th January Kent Netball held an "Academy Day" at Kent College Canterbury. This event was open to all the athletes in our Academy Programme and was designed to be a forum providing advice and practical skills to aid netball development. The day included educational workshops on Nutrition and Sports Psychology; a practical fitness and core stability workshop; and a fun (and tiring!) skipping workshop. The event was well attended by all athletes and they had a very enjoyable and productive day.

Our thanks go to Hazel Ware, Lesley and Mark Uphill and Liz and Zoe Cox for providing the workshops; and also to Kent College for the use of their excellent facilities.

## National Talent League

This 2007-08 season sees the pilot of the "Netball Talent League" (NTL). This league will provide a competitive environment for England's most promising young netballers, aged from 14-19, and give them an opportunity to hone their skills and impress the national



selectors en route to the senior game. Teams are linked to the existing Netball Superleague franchises and England Netball regions. The team for the L&SE Region is the **Brunel London Talent Squad**.

Kent players **Natasha Bond, Sally Burden, Channel Charlery, Amanda Hicking** and **Kim Piper** were all selected into the Brunel London Talent Squad.

Congratulations to all of you!!

## Regional Talent Development Programme

The following Kent girls were selected into the L&SE RTDP for 2007/08:

Hannah Button	<i>KCNC</i>	Sally Burden	<i>Comets</i>
Channel Charlery	<i>Telstars</i>	Emma Chivers	<i>Breakaways</i>
Francesca Desmond	<i>CFX</i>	Charlotte Hall	<i>Wealden</i>
Amanda Hicking	<i>Telstars</i>	Kim Piper	<i>Telstars</i>
Lyndsey Piper	<i>Telstars</i>	Becky Reardon	<i>Comets</i>
Melissa Steingass	<i>KCNC</i>	Debbie Ubochi	<i>Telstars</i>
Sophie Ware	<i>Wealden</i>		

**It's great to see so many Kent players in the programme. Well done to all the girls, and coaches, on their hard work**



## NEW CAPS CLUBS

### Congratulations to Hurricanes Netball Club and Breakaways Netball Club who were recently awarded their Bronze CAPS!!!



CAPS is England Netball's club development scheme and is directly linked to Sport England's Clubmark. CAPS accredited clubs are recognised as safe, effective and child friendly.

If your club is interested in gaining CAPS accreditation please contact [natalie.beckett@kent.gov.uk](mailto:natalie.beckett@kent.gov.uk). Register now and you could be eligible for a Bursary towards becoming accredited

## NEWS FROM AROUND THE COUNTY

### Kent School Games 2008

Almost 400 schoolchildren were put through their paces in a mass warm-up to launch the Kent School Games in November. Pupils from primary, secondary and special schools came together for an energetic warm up, followed by demonstrations of a range of sports. The Games is the first of its kind in Kent and possibly a first in the Country. The 13 School Sport Partnerships in Kent comprise of some 600 schools, all of whom are invited to take part in the local heats and area competitions taking place across the County, culminating in the Finals in June 2008. Netball will be featured in the games at primary level and participating schools will play High 5 netball.



### Junior Netball Camps

Two junior netball camps are being held in or near to Kent in the Easter and Summer Holidays. These camps are being organised by Net-It and will be led by England Internationals and/or Super League Players. Young players will have the opportunity of seeing first-hand demonstrations from elite players who are themselves beneficiaries of high performance coaching. The camps are open to children aged 8-14 years, all abilities welcome. Camp details:

- 8<sup>th</sup> to 11<sup>th</sup> April St Leonards-Mayfield School, Mayfield, E.Sussex
- 26<sup>th</sup> to 29<sup>th</sup> August Kent College Pembury, Tunbridge Wells

For further information please contact Net-it on [info@net-it.org](mailto:info@net-it.org) or 01273 771877 or [www.net-it.org](http://www.net-it.org)

### Brunel Hurricanes 2007 Summer School

Last year Brunel launched their first summer school which was a huge success and great fun for boys and girls from all over the South East. This year's event will be bigger and better; a chance to learn new skills, meet new friends, win prizes and be coached by Brunel Hurricanes head coach Denise Holland and some of the Brunel Hurricanes very own Superleague players. The summer school is open to boys & girls in school years 4 & 5 (Mixed High 5 Netball); and girls in years 6 to 9. It will run from 28th July to 1st August 2008 at Brunel University. More information can be found at [www.brunelhurricanes.co.uk](http://www.brunelhurricanes.co.uk) or contact Brunel University Sport on 01895 265305, or [sports.centre@brunel.ac.uk](mailto:sports.centre@brunel.ac.uk)

### Courtside Netball, Pay, Train and Play

Courtside Netball, Pay, Train and Play is a joint project organised by Ashford Netball League and Ashford Borough Council at Courtside Sports Facility. The project is aimed at women aged 16+ and helps to ease them back into netball, even if they haven't played since school! Two hour sessions are being run on Wednesday evenings and include key netball skills and friendly games. Dawn Cox, Chairperson of Ashford Senior Netball League said "This is a great opportunity for ladies, who may not have played netball for a while and are looking for a way back in to the sport. Sessions are both informal and friendly and with the drop in nature of the sessions, if you can't commit it doesn't matter!" For more information contact Becky Turner at Courtside on 01233 896511 or [rebecca.turner@ashford.gov.uk](mailto:rebecca.turner@ashford.gov.uk).



### Dates for your Diary

03 March	U12 School Tournament
09 March	C Award Umpiring Course
11 March	U13 School Tournament
15 March	National Schools Finals
29 March	Beginner Award Umpiring Course
05 April	Superleague Final
12 April	U16 National Club Finals
18 April	International Test Series
27 April	District Tournament
03 May	U16 National Club Finals