

# Kent Netball

November 2010  
Issue 10

Welcome to the latest edition of the Kent Netball newsletter. In this edition you will find the latest news around school and club competition, training and education, talent development and volunteering.

If you would like any information on netball in Kent please contact Natalie Beckett, Kent Netball Development Officer, on [natalie.beckett@kent.gov.uk](mailto:natalie.beckett@kent.gov.uk). Or visit our website [www.kentnetball.co.uk](http://www.kentnetball.co.uk)

## CLUB COMPETITION UPDATE

### Premier League

The Downs, from Surrey, top the table at this early stage in PL2. But only 5 points separate the next 4 teams, including **KCNC** currently sitting in 3<sup>rd</sup>. PL3 is topped by Evesham Reds whilst **Comets**, new to the Premier league this season, are in 6<sup>th</sup> place. It's been an eventful start with an epic match against Swindon based Lawn NC in the 2<sup>nd</sup> round. A huge effort by Comets in the last quarter saw them score 10 goals to Lawn's 5, taking the game by a single goal. Full results and tables can be found at [www.englandnetball.co.uk/National\\_Leagues](http://www.englandnetball.co.uk/National_Leagues)

### L&SE Regional League

4 wins from 5 sees **Telstars** at the top of Division 1. But with only a 1 point lead over Academy, and **Wealden** and Marshalls only 4 behind, it's a tight start to the season. Kent based rivals **Vibrant** are in 5<sup>th</sup>, whilst **Raiders** are in 7<sup>th</sup> with 1 win – a nail biting, one goal win over Minchenden.

**London Lionhearts** are second in Division 2, just missing out on top spot on goal average, whilst **Comets** are in 5<sup>th</sup>. This promises to be a tough division this season as only 3 points currently separate the top 5.

In the U16 Regional League **Telstars** and **KCNC** have got off to a great start with impressive, high scoring wins in their first fixtures. Best of luck for the rest of the season!

Full league tables can be found at [www.londonandsoutheastnetball.co.uk](http://www.londonandsoutheastnetball.co.uk)

### Kent County League

Early leaders of the Senior County League are Wealden, who lead Crystal Palace by goal average, but have a game in hand. KCNC are only 3 points off the pace in third. At the other end of the table both Aquila and Electra are struggling after suffering injuries and incurring penalties.

### Kent County Junior League

In the U16 section, last year's winners Telstars look like being the ones to beat, having 6 straight wins in some high scoring matches. CFX have made an impressive start in the U14 section and are unbeaten at the top of the table. Meanwhile it's still very early days in the U19 section, but Comets top the table with a 3 point lead over KCNC.

Fixtures and tables can be found on the County Competition page of our website [www.kentnetball.co.uk](http://www.kentnetball.co.uk).

## SCHOOL COMPETITION

### High 5 Netball Schools Finals

This summer the Kent School Games Finals took place on 2<sup>nd</sup> July at the University of Kent, Canterbury. A team from each of the 13 School Sport Partnerships took part in the netball finals. The pool stages and finals were very closely fought and there was some promising netball on show. Natalie Seaton was our VIP guest and ran a shooting competition, signed autographs and presented prizes. The children were also treated to a surprise guest appearance by double Olympic champion Kelly Holmes!



H5 netball players with Kelly Holmes

The winners on the day were once again the Antony Roper school from Eynsford, who retained their title from the 2008 Games. Worthy runners up were the team from the John Mayne School in Biddenden.

Well done to all players and team managers who took part. And a big thank you to all the volunteers and umpires for their time.

The Kent School Games is a biennial event so there will be no Games in 2011. However, Kent Netball are hoping to run a County High 5 Final on 24<sup>th</sup> June 2011. Further information will be released in due course.

## County Schools Tournament

The 2010 Kent Schools tournaments started in October with the U19 Tournament at Rainham Girls School. Despite some early bad weather the day ran extremely well and there was plenty of high quality netball on show. The eventual winners were **Highworth Grammar** who narrowly beat **Bromley High** in an exciting final. This is the first time Highworth have taken the U19 title and after years of quarter and semi finals its just rewards for the girls and their coach, Di Samson. Both teams will represent Kent in the London & South East Regional tournament on 23<sup>rd</sup> January.



Highworth and Bromley High U19 squads with Superleague player Natalie Seaton

**\* The U16 Tournament will take place 1<sup>st</sup> December. A new date for the U14 Tournament will be released shortly \***

## Emerging Schools Festival

This July, schools from across Kent brought their Year 7 & 8 netball teams to the Kent Netball Emerging Schools Festival, held at the Rainham Netball Centre.

The Festival was a first for organisers Kent Netball and aimed to bring new young players into the game. All the schools taking part were "emerging" netball teams, in the early stages of their netball development, so the festival really was a grass roots event. As well as match play, the festival provided a coaching session for the children led by Kent coaches, with VIP guest Natalie Seaton, ex-England and current Surrey Storm Superleague player. Staff did not miss out and were given an 'Umpiring Refresher' session that covered the basic rules and refreshed any rusty skills.



Girls at the ESF receiving coaching from Natalie Seaton

When it came to the results, Mapleden Noakes came out on top winning both the Year 7 & 8 Cup competitions. The Year 7 Plate winner was the Angley School whilst Bonus Pastor School picked up the Fair Play Award.

The 2011 Festival will take place at Rainham Girls School on 5<sup>th</sup> July 2011. If your school interested in this event contact [natalie.beckett@kent.gov.uk](mailto:natalie.beckett@kent.gov.uk)

## INTERNATIONAL COMPETITION

### Test Series

In January 2011, England will once again return to International netball action and this time take on Commonwealth Games Gold medallists, New Zealand. England v New Zealand is part of a three game series and vital for both teams in their preparations for the World Netball Championships in Singapore in July 2011. This match will display some of the best players in the world, demonstrating netball of the highest quality and showcasing technical skill and ability at a fantastic pace. England will be playing at the O2 arena, London on Wednesday 19<sup>th</sup> January 2011, tickets are available by visiting the O2 website [www.theo2.co.uk/event](http://www.theo2.co.uk/event) or by calling 0844 856 0202 for the box office.



### World Netball Series

The World Netball Series will take place at the Liverpool Echo Arena from the 19 –21<sup>st</sup> November 2010. Last year's inaugural event took place in Manchester at the Manchester Evening News Arena and showcased the new "wow" factor netball competition. Spectators will witness some of the world's greatest netball promising a fast, ferocious and vibrant competition in an aim to raise the profile of the sport and attract new participants and fans.

With a number of innovative rule changes the new format, known as FastNet, tests the fitness, technical ability and tactical awareness of the best players in the world. The series will involve the world's top six netball nations, who will all compete to take the title from last year's winners New Zealand. For further details and to book tickets visit

[www.worldnetballseries.com](http://www.worldnetballseries.com)



### Excel Workshops



England Netball has introduced six new practical coaching workshops. The workshops are aimed at providing coaches and teachers with a better understanding of specific areas of the game and fresh ideas for building coaching practices and sessions.

#### **Winning the Ball: Essential Defending** **16th November, 7pm to 10pm** **St Catherines School, Bexleyheath**

This workshop is for those who are regularly planning and delivering sessions. It will focus on the essential defending skills required for effective performance, common errors, corrective measures and practice design.

Kent will also be hosting two further England Netball coaching workshops between January and May 2011: Getting Physical: Strength & Conditioning for Netball, and Activate: Essential Attacking Skills for Netball.

### High 5 Training

A High 5 Teacher training workshop is available for teachers / coaches to support the delivery of High 5 netball. This workshop provides ideas for those working with players aged 7-11 years, and introduces the rules and application of the rules to High 5 netball.

#### **Friday 19th November** **Swan Valley Community School** **10am to 3pm**

*If you are interested in arranging a High 5 Workshop within your school / SSP please contact [natalie.beckett@kent.gov.uk](mailto:natalie.beckett@kent.gov.uk)*

### Talent Identification & Selection Workshops

This workshop aims to help teachers and club coaches identify talented and potentially talented netballers, and will give an understanding of how you can help your talented players be the best they can be. As of 2011, anyone wishing to nominate players for the Kent Academy trials will need to have attended a Talent ID course.

### Young Umpire Award

England Netball have developed the **Young Umpire Award**, a new leadership award aimed at 13 - 18 year olds which will introduce them to the generic skills of umpiring. This is a 6 hour course with a practical assessment and successful candidates will gain an officially recognised qualification. The course is delivered by teachers within the school curriculum. To be able to deliver this award, teachers need

to attend a **Teacher Orientation Workshop** – a three hour workshop delivered by an England Netball accredited tutor.

*If you are interested in arranging an Orientation Workshop within your school / SSP please contact [natalie.beckett@kent.gov.uk](mailto:natalie.beckett@kent.gov.uk)*

Further information and booking forms for all of the courses in this section, and details of future courses, can be found on the **Courses** page of [www.kentnetball.co.uk](http://www.kentnetball.co.uk). Look out for further workshops during the season.

### UKCC Courses

England Netball's latest programme of UKCC courses is currently being delivered. A number of courses have been held across the London & South East Region since April and bookings are still being taken for the following courses:

**Level 1** 22nd & 23rd January, 13th February  
Christ Church Sports Centre, Canterbury

**Level 2** 15th & 16th Jan, 26th & 27th Feb, 27th March  
Robert Clack School, Dagenham, Essex

A Level 1 course is due to be held in Kent in June / July 2011, and a Level 2 course in July / August 2011.

To download course details and booking forms visit [www.englandnetball.co.uk/coaching](http://www.englandnetball.co.uk/coaching). You can also find details of courses across the country.

### Umpiring Courses

Umpiring Courses are organised by Kent Netball, and the programme for the upcoming season has been launched. Current courses on offer:

#### **Beginner Award** **12th February** **The Malling School**

B and C Award courses are also running but are currently fully booked. Further courses will be organised for early 2011 and full details will be published on the Umpiring page of [www.kentnetball.co.uk](http://www.kentnetball.co.uk).

### Umpire Tutoring

Have you thought of becoming an Umpire Tutor? Kent Netball is keen to encourage more umpires to train as tutors to deliver the ever-increasing demand for courses. The Tutor award is open only to holders of be FENA 'B' award or above and successful candidates will be able to deliver Beginner Award courses and above.

For further information or any other umpiring queries please contact our Umpiring Secretary, Sara Mills, on 07792 535839 or [Sara@foxglove15g.fsnet.co.uk](mailto:Sara@foxglove15g.fsnet.co.uk)

## TALENT DEVELOPMENT

### Kent Netball Academy Programme

The trials for the 2010–11 Programme took place in May and June. In a format new for this year, the girls were put through a tough and rigorous selection process that took place over 5 sessions.

Following the trials, 27 girls have been selected for the County Academy (U17) and 46 selected for the Satellite Academy (U14). Congratulations to all those girls selected. We hope you enjoy your Academy programme and hope that it is the first step in a successful netball career!

A full list of the selected athletes for the 2010–11 Kent Academy programme can be found on the Talent Development page of [www.kentnetball.co.uk](http://www.kentnetball.co.uk)

A big thank you goes to all the personnel involved with the trials, in particular the Kent Talent Group for all their hard work.

### L&SE Regional Talent Development Programme

Special congratulations go to those girls selected for the London & South East Regional squad:

- Eloise Andrews (*Telstars*)
- Lottie Bull (*KCNC*)
- Bethany Cownden (*KCNC*)
- Katie Harris (*Wealden*)
- Lydia Regis (*KCNC*)
- Eleanor Tonsbeek (*Pilgrims*)
- Holly Walton (*Telstars*)
- Rebecca Welch (*Telstars*)
- Kelly–Star Baker (*KCNC*)
- Cassain Chandler (*Telstars*)
- Sally Fisher (*Telstars*)
- Chloe Moxam (*Pilgrims*)
- Melissa Steingass (*KCNC*)
- Laura True (*Telstars*)
- Francesca Waters (*Telstars*)
- Shauna Williams–Young (*KCNC*)

Congratulations are also extended to the coaches involved, at both club and county level, who have worked hard and supported these athletes in their development

### National Talent League

Trials for this year's Talent Squads took place recently and our congratulations go to the following Kent athletes selected:



- Eloise Andrews Surrey Storm
- Lucy Burden Team South
- Amanda Davis Surrey Storm
- Fran Desmond Surrey Storm
- Katie Harris Surrey Storm
- Rebecca Welch Surrey Storm
- Shauna Williams–Young Mavericks



The Netball Talent League creates a competitive environment in which young netballers aged from 14–19 can experience high–pressure games on a Superleague stage. Visit team websites for match information and tickets: [www.Englandnetball.co.uk/superleague](http://www.Englandnetball.co.uk/superleague)

### National Success



An England U19 and U17 summer camp took place in Bath this August. Kent athletes **Amanda Davies** and **Fran Desmond** both performed very well, and maintained their place in the programme following an ongoing trial throughout the week.

It's an exciting yet challenging time ahead for these players. We wish them all the best with their progress and look out for their selections in the FENA squads in January!

## VOLUNTEERING

### Young Volunteers

**How many of you are involved in volunteering? How many of you love netball?** EN's "Pass on your Passion" programme recognises young volunteers in netball and aims to provide opportunities, ideas and rewards to help you on your leadership and volunteering journey. It is for every young person aged 12 – 25 that is actively volunteering in netball whether that's as a coach, official, committee member, event helper, school team helper...the list is endless!



**What are the benefits?** As a participant on the programme you'll get rewards for the voluntary hours you complete in netball as well as access to FREE Regional Training Days; E-newsletters; and invitations to volunteer at National and International netball events.

To register for the Pass the Passion programme visit [www.Englandnetball.co.uk/volunteers](http://www.Englandnetball.co.uk/volunteers)

### Young Leaders Camp

In August England Netball held a Young Leaders Camp in Reading. The camp, in partnership with gymnastic and athletics, is a four day residential camp that focuses upon the development of leadership skills through sport.

**Chigo Orunta**, from Telstars NC, attended the camp in 2009 and this year was invited back as a Team Leader. She describes her experience, "The camp is for all sorts of people, with all different volunteering backgrounds. The week consisted of a mix of both generic and sport specific activities. For netball there were sessions on coaching, umpiring, adapting warm ups and cool downs

and an invaluable session with England Netball coach, Sue Hawkins. The camp was an enjoyable, enthusiastic, and memorable experience. It was great to see the young leaders develop during the week, and also to see how much the camp has helped them to become more effective volunteers, and its a priceless feeling to know you were part of that!."



Application forms for the 2011 Leadership Camp will be available from May 2011

### EN Goalden Globes

The Goalden Globe Awards are England Netball's way of recognising the outstanding achievements and dedication of its volunteers. Once again, Kent Netball are very proud to have three Regional winners in its midsts.



L&SE Goalden Globe winners

**Clare Cunningham** was awarded the Officials Award, for an outstanding contribution to officiating in netball. Clare has been involved in umpiring for many years at local, county, regional and national level. She is an A Award umpire as well as an EN accredited tutor. She constantly strives to improve umpiring standards, ensure sustainability, and drive new initiatives. Clare is integral part of Kent's Tutor and Tester delivery team, and this year has been instrumental in helping Kent Netball's delivery on youth umpiring. She is keen, enthusiastic, and passionate about her subject and is a great role model for all umpires.

The Inclusive Netball Volunteer Award was given to **Val Shaw**. This award is given to someone for their contribution to the development of netball which is inclusive to minority groups. Val works closely with community groups and local authorities in Lewisham and the surrounding areas to offer netball for as many

youngsters as possible. The area is a challenging one in which to work, and Val goes above and beyond the call of duty, even down to walking girls to and from training! Val works hard to try to give players, no matter what their ability or background, the opportunities to grow and develop to their full potential.

And **David Roche** was the worthy winner of the Muriel McNally Award. This award was given to David for his long term contribution to the development of netball at grassroots level. David has been a fixture of the Kent Netball community for many years, with his influence felt in local, county and regional level. As well as his involvement with Comets NC, David is a trustee of the Kent Netball Youth Trust, part of the Regional Competition Group and helped establish the Kent Senior League. David is always generous with his time and does his best to help raise the profile of Kent and ensure its reputation is maintained for the future.

After receiving a Long Service Award last year, **Roger Perham**, Kent Netball President was made an England Netball Honorary Life Member. This membership is awarded for exceptional service at national level.



Roger with Marlene Wander, KN Chairman

### Kent Netball Awards

At the Kent Netball AGM in September, Kent Netball presented the following awards:

- The Joyce Crust Award – **Clare Cunningham**  
for services to netball in Kent
- The Needham Rider Salver – **Medway Junior League**  
for services to Youth Netball in Kent
- The Marge Millar Award – **Kent Sport & Leisure**  
organisations involved in the development of netball
- Life Membership – **David Roche**

A new award for Kent this year was the Young Netballer of the Year. This award is given to an athlete within the Academy programme, as nominated by the Kent Talent Group. This inaugural award was presented to **Amanda Davis** for all her hard work that saw her progress from the County Academy, to Regional and then National success in one year!

This season Kent Netball plan to introduce further volunteer awards. You will be able to nominate your coaches, volunteers and teachers and will be your opportunity to say thank you to your volunteers, and for Kent to celebrate the efforts of its volunteer workforce. Look out for further details in the new year.