

Kent Netball

Welcome to the latest edition of the Kent Netball newsletter. In this edition you will find the latest news around school and club competition, talent development and training.

If you would like any information on netball in Kent please contact Natalie Beckett, Kent Netball Development Officer, on natalie.beckett@kent.gov.uk. Or visit our website www.kentnetball.co.uk

CLUB COMPETITION UPDATE



Final fixtures for the Premier League were played earlier this month. It was a tough season for **KCNC** who finished in 10th place and will be competing in Premier 2 next season.

Meanwhile in Premier 2, **Wealden** finished in 8th place. This meant they would be part of the Premier League Play-offs. Also in the Play-Offs were Kent based **Comets**, winners of the L&SE Regional League.

Premier League Play Offs took place on 22nd & 23rd May at Loughborough University. These Play-Offs would determine who remained in Premier 2, who would be in the newly created in Premier 3, and who would return to Regional netball. It was a very intense weekend of high quality netball, and our congratulations go to Comets who will be competing in Premier 3 next season. Commiserations to Wealden but we look forward to seeing them in the L&SE Regional League. Full results and new line ups can be found at www.Englandnetball.co.uk/National_Leagues

L&SE Regional League

This season saw a change to the L&E League with fixtures being played indoors at home and away venues. A move appreciated by players and officials alike! In Division 1 Comets NC once again had great season, winning the league with a loss of only 2 games.

Regional League Final Table 2009/10

		Pts		Pts	
1 st	Comets	62	5 th	Vibrant	31
2 nd	Cumberland	55	6 th	Raiders	38
3 rd	Marshalls	45	7 th	Gems	28
4 th	AquilaTel	45	8 th	Wealden	26

In Division 2, **London Lionhearts** had a good first season of Regional netball and finished in 5th place.

The **Regional League Play-Offs** took place on 29th May with some impressive displays by the competing clubs. The final placings were:

1 st	New Campbell NC	2 nd	Cumberland NC
3 rd	Comets NC	4 th	Queens NC
5 th	Hillcrest NC		

The top four teams were all given a place in the Regional League for 2010/11 – due to the relegation of Wealden A from Premier 2 and the promotion of Cumberland A and Comets A to Premier 3, there were more spaces than usual. Congratulations once again to Comets.

U16 Regional League

In the Regional U16 League Kent was represented by **Telstars** and **KCNC**. It was a tough season but both clubs did well, playing good netball. Telstars finished 2nd, narrowly behind Surrey based Cobham, whilst KCNC finished in 5th place.

Final league tables can be found at www.londonandsoutheastnetball.co.uk

Kent County League

In the Senior County League (KCSNL) Comets continued to show their strength in depth, winning the league unbeaten. Newcomers Lorikeets also fared well finishing in an impressive 3rd place.

Final Results Table 2009/10

		Pts		Pts	
1 st	Comets	40	6 th	Aquila	20
2 nd	KCNC	33	7 th	Telstars	16
3 rd	Lorikeets	39	8 th	Raiders	9
4 th	Crystal Pal.	35	9 th	Electra	6
5 th	Daggers	22			

Kent County Junior League

In the Kent County Junior League (KCJNL) **Telstars** proved runaway winners in the U14 section, going all season unbeaten. They completed the double by winning the U16 title with a loss of only 2 games.

This season a new U19 section has been created to provide further club competition for our young, talented players. This inaugural season was won by **Wealden**. Congratulations to all our county winners.

Entry information for the 2010/11 season for both senior and junior county leagues has been released. This can be found, with Final result tables, on the County Competition page of our website www.kentnetball.co.uk.

National Club Championships

The National U16 Club Finals took place on 24th & 25th April in Manchester. The top U16 clubs in the country took part in a tournament eventually won by Birmingham based Parkside, with Kent's **Telstars** finishing in a very credible 6th place. Two weeks later Telstars travelled to Manchester again, this time with their U14 squad. This time the title went to Oldham from the North West, but Telstars finished in a well earned 7th place. Congratulations to the club and both squads.

The National U19 Open Championships will be taking place on 3rd & 4th July at the Redbridge Sports Centre, Essex. The Championships will be a weekend-long, open entry competition which any U19 squad can enter.

The National Open Championships is the new name for the Challenge Cup. This competition will be a weekend-long, open entry competition taking place on 26th & 27th June at the Netball Centre at the East Grinstead Sports Club, West Sussex.

Entry forms for both competitions are available at www.englandnetball.co.uk/competition. For more information, regulations and entry criteria please contact alicec@englandnetball.co.uk

SCHOOL COMPETITION

County Schools Tournament

The Kent Schools tournaments took place during October to March. Final results for this year are:

	Winner	Runner Up	Third Place
U19	Newstead Wood	Colfes	----
U16	Benenden	TWGGGS	Tonbridge Grammar
U14	TWGGGS	Tonbridge Gram.	Benenden
U13	TWGGGS	Junior Kings	Sevenoaks
U12	Colfes	Tonbridge	Kent Coll. Pembury

Thanks to all the schools for taking part and playing with such enthusiasm. And special thanks to our volunteers for helping the days run smoothly – some of Kent's prestigious life members and young leaders from some of our participating schools – your help is much appreciated.

Regional / National Schools

The L&SE Regional Schools Tournament was held on 31st January for the County champions of the U14, 16 and U19 age groups. Kent was represented by our Winners and Runners Ups in these groups. Tunbridge Wells Grammar finished 2nd in the U14 section, meaning qualification for the second year in a row to the National Schools Finals.

The National Finals were held on 29th March in Brighton, which saw over 600 young netballers compete in tough

weather. The squad from TWGGGS had a good day with 5 wins and a 3rd place group finish, resulting in a 5th place overall. This is a fantastic achievement and an improvement on last year's standing by 2 places. Great news, well done to all the girls and their coach!!

TWGGGS Squad: Sarah Durr, Elish Daughtery, Beth Freeman, Katie Mesher, Harriet Montgomery, Amy Moriarty, Maddie Nagel, Alice Pavey, Georgie Stafford, Olivia Whittome. **Coach:** Kerry Dowsett



Full scoresheets and final placings can be found at www.englandnetball.co.uk/Competition/National_Schools

Emerging Schools Festival

This summer Kent Netball plan to hold an inaugural Emerging Schools Festival. This Festival is aimed at schools that are in the early stages of netball development and will provide the chance to play netball against schools of similar ability in a fun, tournament environment. The Festival will take place at Rainham Girls School on **7th July 2010**, and is for squads from Year 7 and Year 8 only.

If you are a school interested in this event contact natalie.beckett@kent.gov.uk

High 5 Netball Schools Finals

High 5 is the only version of netball recognised by England Netball for children of primary age. This season every county sports partnership hosted a schools final to support primary school netball. The finals were organised by school competition managers in partnership with England Netball, with winners from all the London borough finals taking part. In the South London Final Kent was represented by Chislehurst Primary and St Marys Primary schools from Bromley, who finished in 4th & 5th respectively



In the East London Final, Plumcroft Primary (Greenwich) and Royal Park Primary (Bexley) schools took part for Kent. Both schools competed extremely well with Royal Park finishing 3rd and Plumcroft 4th.

The Kent School Games Finals will take place on 2nd July at the University of Kent, Canterbury.

A High 5 Teacher training workshop is available for teachers / coaches to support the delivery of High 5 netball in schools. Information on this workshop can be found on the Schools page of www.kentnetball.co.uk or contact natalie.beckett@kent.gov.uk.

TALENT DEVELOPMENT

Surrey Storm Talent Squad



This season the new Surrey Storm Talent squad finished 5th in the Talent League. Congratulations to all those that took part, especially to those Kent athletes who were selected to part of the squad for this season:

- Hannah Button
- Channel Charlery
- Fran Desmond
- Kim Piper
- Harriet Johnston

The Netball Talent League creates a competitive environment in which young netballers aged from 14–19 can experience high–pressure games on a Superleague stage. Trials for the Surrey Storm NTL squad will take place later this year, details to be released soon.

Superleague

This season Kent is proud to have Superleague players in its midsts! KCNC's **Georgia Schmidt** has been part of the Mavericks squad and has enjoyed a season coached by Maggie Jackson, playing alongside England internationals and taking part in the Superleague final! Also enjoying the domestic game's top flight has been **Abby O'Hara** (Telstars), part of the Surrey Storm squad, and **Frankie Di Palma** (KCNC) in the Surrey Storm Long Squad.

For further details on Surrey Storm visit www.surreystormnetball.co.uk

National Success

National Screening took place again this April in Sheffield and the following Kent athletes were invited to attend:



- Fran Desmond (Telstars)
- Amanda Davis (Telstars)
- Lydia Regis (Wealden)
- Melissa Steingass (KCNC)

Fran kept her place in the programme and will now move up to the U19 age group. **Amanda** was also selected as part of the U17 age group. Amanda has shown real determination and worked extremely hard this year, starting out at the Kent County Academy, and progressing

through the Regional Excel Programme in one season! Congratulations to both Fran and Amanda, but also to Lydia and Melissa, as to be selected to attend a National screening is a huge achievement in itself. And well done to all the coaches who have had an input into these players' success.

Fran represented England as part of the U17 squad in the Netball Europe Championships in March and will be part of the squad touring Australia during the Summer. Amanda has been selected to represent England in the GB squad at the Netball Europe festival in Malta in June. We wish you all the best and look forward to hearing all the news!

TRAINING & EDUCATION

Excel Workshops

England Netball has introduced six new practical coaching workshops. The workshops are aimed at providing coaches and teachers with a better understanding of specific areas of player/game development, the tool kit required to analyse and correct technique, and fresh ideas for building coaching practices and sessions. These workshops have been carefully designed to complement the qualifications pathway (UKCC) and Excel framework. The six workshops:

- On the Ball: Essential Ball Skills for Netball
- On the Move: Essential Movement Skills for Netball
- Sharp Shooting: Essential Shooting Skills for Netball
- Getting Physical: Strength & Conditioning for Netball
- Activate: Essential Attacking Skills for Netball
- Winning the Ball: Essential Defending Skills for Netball

A "Sharp Shooting" workshop will be held on 29th June at The Malling School, East Malling. Further information can be found on the Coaching page of www.kentnetball.co.uk. Look out for further workshops during the year.

Talent Identification & Selection Workshops

England Netball's new Talent Identification Workshop is an accredited workshop designed to help teachers and club coaches identify talented and potentially talented netballers. The workshop is a CPD opportunity for teachers and club coaches; it will give an understanding of the characteristics of talented athletes, programmes and structures to support player development, and selection methods and considerations.

Two Talent ID courses have already been held in Kent and more are planned for the coming season. Once released, details of these courses will be on www.kentnetball.co.uk

UKCC Courses

England Netball's latest programme of UKCC courses is currently being delivered. A number of courses have been held across the London & South East Region since April. Bookings are still being taken for the following courses:

Level 1 25th & 26th Sept, 23rd Oct, Dunraven School, Streatham, SW16

Level 2 11th & 12th Sept, 9th & 19th Oct, 6th Nov, City of London Freemans School, Surrey

To download course details and booking forms visit www.Englandnetball.co.uk/coaching. You can also find details of courses across the country.

Umpire Tutoring

Have you thought of becoming an Umpire Tutor? Kent Netball is keen to encourage more umpires to train as tutors to deliver the ever-increasing demand for courses. The award is open only to holders of be FENA 'B' award or above. Successful candidates are eligible to tutor umpires as follows:

- ❖ FENA 'B' qualified can tutor Beginner, 'C' & 'B' courses.
- ❖ FENA 'A' qualified can tutor Beginner, 'C' 'B' & 'A' courses.

For further information or any other umpiring queries please contact our Umpiring Secretary, Sara Mills, on 07792 535839 or Sara@foxglove15g.fsnet.co.uk

Young Umpire Award



England Netball have introduced the **Young Umpire Award**, a new leadership award aimed at 13 - 18 year olds. This award has been designed specifically for young people

and will introduce them to the generic skills of umpiring. The course is delivered by teachers within the school curriculum and/or Out of Hours School Learning (OHSL). The course results in a practical assessment and successful students will gain an accredited award. To be able to deliver this award to students, teachers need to attend a **Teacher Orientation Workshop** - a three hour workshop delivered by an England Netball accredited tutor. If you are interested in attending an Orientation Workshop, or wish to arrange one within your school / SSP please contact natalie.beckett@kent.gov.uk

Umpiring Courses

Umpiring Courses are organised by Kent Netball, and the programme for the upcoming season is currently being planned. Details will be placed on www.kentnetball.co.uk.

Contact: **Natalie Beckett**
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CAPS



CAPS is the England Netball Club Action Planning Scheme. It is a whole club development scheme, and by working through the scheme it will assist your netball club provide the best quality environment for your members. The scheme is directly linked to Sport England's Clubmark. CAPS accredited clubs are recognised as safe, effective and child friendly. Clubs can now register for CAPS for FREE via the 'Clubs' pages of the England Netball website www.Englandnetball.co.uk.

BACK TO NETBALL

Thinking about getting back into Netball or want to try it for the first time? Enjoyed playing Netball at school and would love to start again? Looking for a new, fun activity? Back



to Netball provides a gentle introduction to the sport for female players over sixteen years of age. Sessions are coach led and cover basic skill development and court play. The emphasis of these sessions is on learning new skills and having fun playing Netball with friends. Whether it is about rediscovering sporting abilities you forgot you had or about getting active, these sessions cater for all abilities. Back to Netball sessions running in Kent are:

Ashford: Courtside Sports Facility, alternate Wednesdays, 7pm - 8pm, £2.50 per session. Contact Emma on 01233 896511 or courtside@ashford.gov.uk

Canterbury: Levett Sports Centre, Wednesdays, 7pm - 9pm, £3 per session. Contact Liliane on 07730 859269

Medway: Rainham Netball Centre, Thursdays, 7.30pm - 8.30pm, £2.50 per session. Contact 01634 338761

Thanet: Ursuline Sports Hall, Monday nights, 7pm - 8pm, £3 per session. Contact www.thanetnetballleague.co.uk

Folkestone: The Folkestone Academy (via Kingsmead), Wednesday evenings, 7pm - 8.30pm, £3 per session. Contact Danielle Lynch 07866 498166 or Sarah Morris 07931.

Are you a coach interested in delivering Back to Netball? Is your club/league/facility interested in providing Back to Netball sessions? Contact Natalie on 07786 191562 or natalie.beckett@kent.gov.uk.



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